



# **PALM READER**

**September 2024**

**Issue: 87**

**The Palmerston Indoor Bowls Club Magazine**

**Welcome back to all of our outside bowlers  
we hope you have had a good season  
outside.**

**And a warm welcome to all our new bowlers**

**This is my last edition of the Palm Reader; I would like to thank  
all of you who have contributed over the years.**

**I am now handing over to John Bailey who will be the new  
Editor of the Palm Reader and will present your Christmas  
edition. I am sure that you will support him the way you have  
supported me over last number of years.**

**Please send all potential Palm Reader articles and content to  
[palmreader@palmerston-bowls.club](mailto:palmreader@palmerston-bowls.club).**

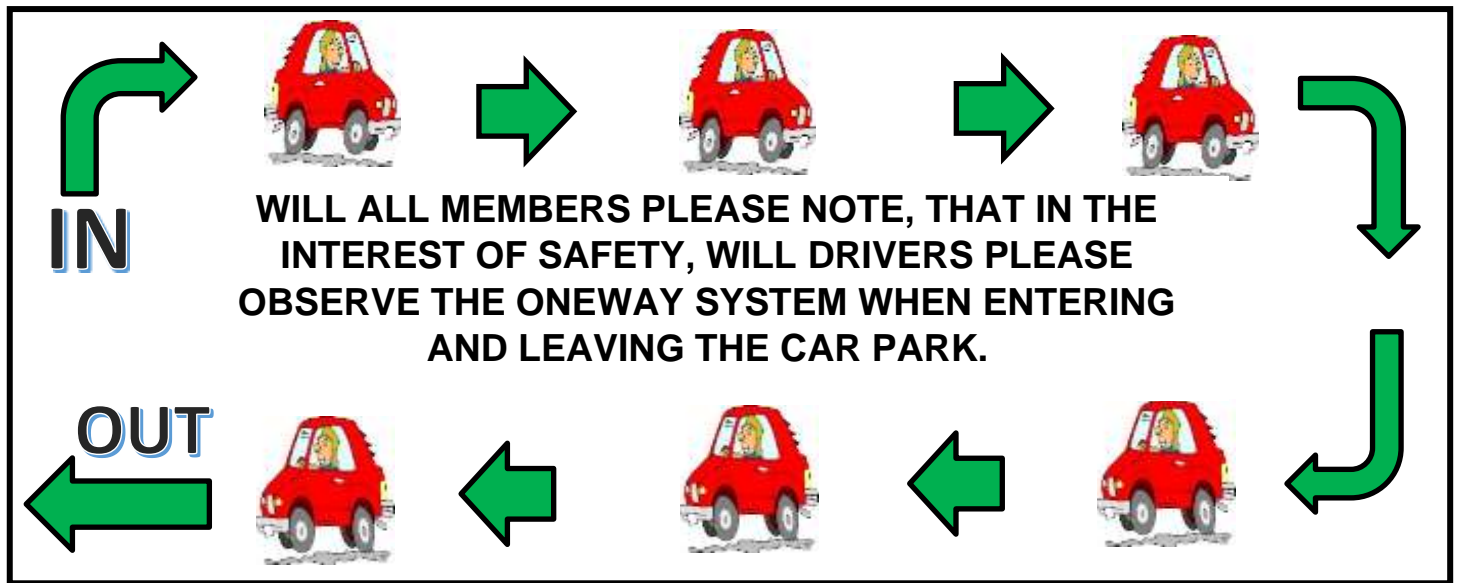
**Thank you all**

**Marie Leonard**

## Car Park

**Please observe the car park entry and exit flow**

**Please ensure that you do not cut the corner when entering the car park as another member may be leaving the car park.**



## Art Exhibition

Hi some of you may know of me as a member of Palmerston bowls but did you also know I am a watercolour artist who likes to capture nature in my paintings? I will be holding an exhibition of my work for sale at Palmerston on 18th - 20th October. I hope you can come along and take a look. I will be donating 5% of any sales to a charity of Palmerston's choice

*Mel Burden*

## **18 years a Steward.**

When I joined Palmerston Indoor Bowls Club, I volunteered to be a Steward, and also undertook the duties of Men's Competition Secretary. This allowed me to attend meetings of the Joint Management Committee, where I learnt the financial and management business of the Club, and why we have a etiquette on the Green and always show respect for all our members.

My Steward's shift has usually been Friday mornings 9am-1pm. For me, this has meant getting up at 6am to breakfast, feed and walk my dog (and care for my wife, Brenda, during her terminal illness). Then I joined the commuters rush and school runs between Gosport and Fareham to be at the Club by 8.30, and prepare before the bowlers started arriving at 8.45 am. In the winters, for me with only one eye, there were the additional hazards of darkness, rain, icy roads and glaring headlights. Those are the downside of the duty.

The rewards were getting to know so many people. Watching them gain confidence, improve their bowling skills, and share in their achievements. I got to learn their personalities and help them integrate, with kindly fosterers, into team players during the Mixed Drives. Bowlers became my personal friends.

If you can spare 3 hours a week, I commend becoming a Steward and having the satisfaction of being part of a team that supports and encourages new bowlers. You'll get a voucher for 2 free games of bowls for every duty you do. I know, that hardly reimburses you for the petrol for your journey. But the real reward will be seeing happy members going home after an enjoyable game and knowing that you have fostered them in that happiness.

***Brian Lambert***



## **LADIES COMPETITIONS 2024/2025**

Ladies, the competition forms are now in the Ladies changing room on the notice board. The closing date is October 31<sup>st</sup>, and the draw will be made on November 4<sup>th</sup>.

Please read both sides of the Application Form as there are rules stating who can enter the Ladies Drawn Pairs as a novice player.

Please try and play the first rounds as soon as you can. This would be appreciated.

Thank You

Rosemary

## **NOTES AND REMINDERS**

### **Simple rules to follow:**

- **Allow the previous players to leave before going down to rinkside**
- **Don't step into the ditch – it breaks off the rubber spikes. One hand on the bank, then remove the bowl from the ditch with the other hand.**
- **using glycerine on your hands? Apply it in the changing room / toilet not on the green. Spillages have already damaged the carpet.**
- **Don't chew gum when bowling – it has been found on the green, removing it is difficult and can damage the carpet**
- **Make sure your shoes don't carry mud into the club from the field.**
- **Don't come from the car park into the club in your bowling shoes – it can carry grit which damages the carpet.**
- **Keep your phone on silent**

**Have you:** changed your phone number, address, or email? If so, please can you inform Lesley Howell to enable her to keep her records up to date.

**Car Stickers:** Have you changed your car? Do you need a car sticker? Just ask at the Stewards desk.

**Books:** The collection boxes for monies deposited for books in both the ladies changing room and the foyer are emptied regularly by Lesley Assistant Treasurer, money collected in July was £18.30 this money goes into club funds.

### Silly Jokes

Did you hear about the guy giving away dead batteries? They were free of charge.

What do lawyers wear under their pants? Briefs.

Did you hear about the equestrian that got laryngitis? Now she's a hoarse whisperer.

Why did the invisible man quit his job? He couldn't see himself doing it.

# Club Competitions

Men's/Mixed competition entry forms are available on the Competitions noticeboard –deadline for submission is **Monday 23<sup>rd</sup> September** – DON'T DELAY!

Ladies competition entry forms are available in the Ladies' Changing room - deadline for submission is Thursday 31<sup>st</sup> October.

All entrants should acquaint themselves with the club competition rules which can be viewed on the website, also in the blue folder attached to the wall opposite the stewards desk.

The following competitions perhaps need a little explanation to encourage more participants:

Novice Pairs: Open to anyone with less than 3 years' bowling experience as at end September.

Don't think you're not good enough, you will be up against similar players. If you are already playing in a league, you will acquit yourself well in this competition.

1<sup>st</sup> Winners: A singles competition open to anyone who has not won a club competition in the last 5 years or been a runner-up in the last 2 years i.e. excludes all the annoyingly good players who always win something!

Ladies' Drawn Pairs: To encourage ladies of all experiences to dip their toes into the competition pool, individual entrants will be roughly graded into lower/higher categories and then 1 from each group will be randomly drawn to form a pair. This had a good response to its initial introduction last year so hopefully there will be a bigger intake this year.

## Booking rinks

Any member can book a rink for a roll-up for 1-8 players up to 7 days in advance. Booking sheets can be viewed at Reception or you can phone the club during opening hours to check availability and ask the duty steward to book it for you. Empty rinks will be initially offered but if none available the steward/you can add your name(s) to another booking if desired. No member has the right to exclusive use of a rink.

Competition entrants should book rinks more than a week in advance by asking the duty steward for the advance booking sheets. You can provisionally reserve rinks by booking in pencil before agreeing with the opposition, after which the agreed date should be marked as 'Confirmed' and the others erased. You can move a League game to another rink (only within the same session!) to enable a double session game to be played. This should only be done (in ink) when the date is confirmed.

It can be tricky to agree a competition date & time with up to 8 players so this should be undertaken a.s.a.p. The onus is on the 'Home' team to arrange the match but that is not to say the 'Away' team can just sit and wait to be contacted. If a suitable date cannot be found before the stated deadline for each round, the Competition Secretary may agree an extension. Failing that, the club rules state the opposition will forfeit the game if they have declined at least 2 dates proffered.

It was agreed at the last AGM that competitions do not have priority over Mixed Drives so cannot arbitrarily take over reserved rinks. That said, if the ONLY option is to play during a Mixed Drive session, one of their rinks can be taken over. This should be a last resort after all other options have been exhausted, as envisaged in the "exceptional circumstance" in General Rules section 2



# Christmas Break ?

The club closes for 2 weeks Monday 23rd Dec – Sunday 5<sup>th</sup> January , but ...

Is the Christmas break too long for you? Will you be feeling stuck indoors? The good news is that you can still get your bowls fix on 5 days during this period. Maggie and Pete are holding special sessions on the following days and times:

**Monday 23rd December** : Extra opportunities for competitions or re-scheduled league matches. This will be the only day for these types of matches. These sessions will need to be booked in advance.

## 4 days of Festive Mixed Drives

The **27th and 28th December**, also **2nd and 3rd January**. Each day will be 2 mixed drives starting at 9.30 am and 11.30 am. Please arrive 15 minutes before the start time to allow us time to get things organized to enable us to start on time.

All mixed drives will be for 12 Ends.

There will be no bar or restaurant facilities so you will need to bring your own refreshments.

All sessions have a casual dress code, music will be played, the main thing is to enjoy yourselves.

If anyone has any queries or questions, please contact Maggie or Peter



# **Solent Mobility Centre and Palmerston Bowls Club**

We have established a mutually beneficial referral partnership. Under this agreement, Solent Mobility will contribute 5% of the purchase value back to Palmerston Bowls Club for all purchases made by club members at Solent Mobility Centre.

This partnership aims to support the growth of Palmerston Bowls Club while also promoting Solent Mobility's products and services. To participate, Palmerston Bowls Club members must provide the unique code "0022" when making a purchase at Solent Mobility Centre. This code ensures that the commission is correctly attributed to the bowls club.

By implementing this referral system, both organizations create a win-win situation: Palmerston Bowls Club receives financial support for its development, while Solent Mobility Centre potentially increases its customer base through word-of-mouth referrals within the club community.



## **Water of Life.**

Sometime when you're feeling important  
Sometimes when your egos in bloom  
Sometimes when you can't help feeling  
The best qualified in the room.  
Take a jug and fill it with water  
Put your hand into it up to the wrist  
Take it out, and the hole that remains  
Is the measure of how you will be missed ,  
You can splash all you like as you enter  
You can stir up the water galore ,  
Take your hand out, and you'll see  
The surface looks the same as before.  
The moral of this quaint example  
Is to do just the best that you can,  
Be proud of your achievements, but remember  
There is no indispensable woman or man.

***Brian Lambert***

## Green Etiquette.

1. Be conversant with the Laws of the Game and Observe them.
2. Respect the decision of the umpire.
3. Be punctual to commence play at all matches and come to each match correctly attired.
4. Keep quiet and refrain from moving when players are on the mat.
5. Stand behind the mat whilst your opponent bowls.
6. **Always stand still at the head, when a player is about to bowl.**  
**Movement at the head, or talking at the mat, is very distracting.**
7. Always allow your opponent the right to the head as spelled out in the laws of the game.
8. **When changing ends walk close to the centre of the rink, with minimum delay.**
9. Never deliver your bowl before the previous bowl has come to rest (**see rule 13.3 below**).
10. Keep track of play and be ready to bowl when it is your turn.
11. Every player at the mat end should assist collecting the bowls when the end is completed.
12. **Always pay your skip respect by waiting for their decision. Do not step onto the mat and indicate which way you intend to play. Wait for the Skip's instructions.**
13. Never applaud lucky bowls - accept them graciously.
14. Never complain about lucky bowls, they tend to equal out over the season.
15. **Respect the green's surface at all times:-**

**Do Not**

**a/ DROP BOWLS ON THE GREEN  
b/ WALK IN THE DITCHES**

16. Always inform your opponent if you wish to leave the green.
17. If you lose, be a good loser, and do not blame your loss on, other people, the green or weather conditions.
18. **Win or lose, always shake hands with your opponents and thank them for the game. Do not be taken with your win today, because the position could be reversed tomorrow.**
19. Offer your opponents a drink after the game.
20. Always be polite to Markers and Umpires, they have given their time to assist you in your game.

**ABOVE ALL, ENJOY THE GAME OF BOWLS FOR ITS PLEASURE AND FOR LASTING FRIENDSHIP**

### **RULE 13.3**

**A player must not deliver a bowl before the previous bowl comes to rest and possession of the rink has transferred to the opposing player or team.**

***Laws of the Sport of Bowls - Crystal Mark Fourth Edition***

# **CRIB**



## **CRIB DATES**

### **WEDNESDAYS 2pm**

**Wednesday 25<sup>th</sup> September**

**Wednesday 9<sup>th</sup> October**

**Wednesday 23<sup>rd</sup> October**

**Wednesday 6<sup>th</sup> November**

**Wednesday 20<sup>th</sup> November**

**Wednesday 4<sup>th</sup> December**

**Wednesday 8<sup>th</sup> January**

**Wednesday 22<sup>nd</sup> January**

**Wednesday 5<sup>th</sup> February**

**Wednesday 19<sup>th</sup> February**

**Wednesday 5<sup>th</sup> March**

**Wednesday 19<sup>th</sup> March**

# Pension Credit

**Guarantee Credit** tops up your weekly income to a guaranteed minimum level. This level is currently:

- **£218.15** if you're single
- **£332.95** if you're a couple.

**Savings Credit** is extra money if you've got some savings or if your income is higher than the basic State Pension. It's available to people who reached State Pension age before 6 April 2016. You could get up to:

- **£17.01** extra per week if you're single
- **£19.04** extra per week if you're a couple.

By claiming Pension Credit, you might become eligible for other benefits too, such as help with health and housing costs

**To claim Pension Credit, you can either:**

- [claim online on GOV.UK](#) (if you already claim State Pension and there aren't any children or young people included in your claim)
- call the Pension Credit claim line on **0800 99 1234** and they can fill in the application for you over the phone (lines are open Monday to Friday, 8am-6pm).

Have the following details to hand before you get started:

- your National Insurance number
- your bank account details
- information about your income, savings and investments
- information about your pension (if you have one)
- details of any housing costs you have (such as a mortgage, interest payments or service charges)
- your partner's details, if you have a partner.

## **BOWLED OVER FOR £40.00 (PLUS P&P).**

A year ago, I treated myself to a new set of bowls, a set of black `drakes pride pro 50 professional' that cost me £250 at the club sales day.

My old speckled blue drakes pride professional were good, but i was having trouble keeping them upright on delivery and the feel of the new styled pro 50 with deeper dimples looked and felt good to me.

And so, it has proved, as my bowling has improved some 25%, I would estimate, I even managed to persuade Sheila to buy a set, and her bowling too has improved.

My old drakes pride woods were relegated to the cupboard in the spare room where they have languished for 12 months.

Having taken to summer outdoor bowling i decided to have my old woods upgraded to the pro 50 style of dimples.

A few enquiries brought me to, "the Pershore bowls centre", unit 5, Pershore trading estate, Pershore, Worcestershire. WR10 2DD. phone 01386552411.

The cost to re - produce the new pro 50 style deeper dimples onto my old woods would be £10.00 per wood. of course, the cost of postage would be added to that and at £17.00 return postage it was not cheap! I decided to insure my woods for £200 so my postage to Pershore was £17.60.

It is too early to say if my outdoor bowling has improved but I am keeping my fingers crossed. (but not when I am bowling)

So, if you would like a firmer grip of your woods why not give it a try. I posted mine at the post office in locks heath at Monday morning at 10.00 and I received them back home on Friday morning at 09.00! So how is that for service?

GERRY GOOCH. (THE MAN WITH A GRIP OF IRON).

