



PALM READER

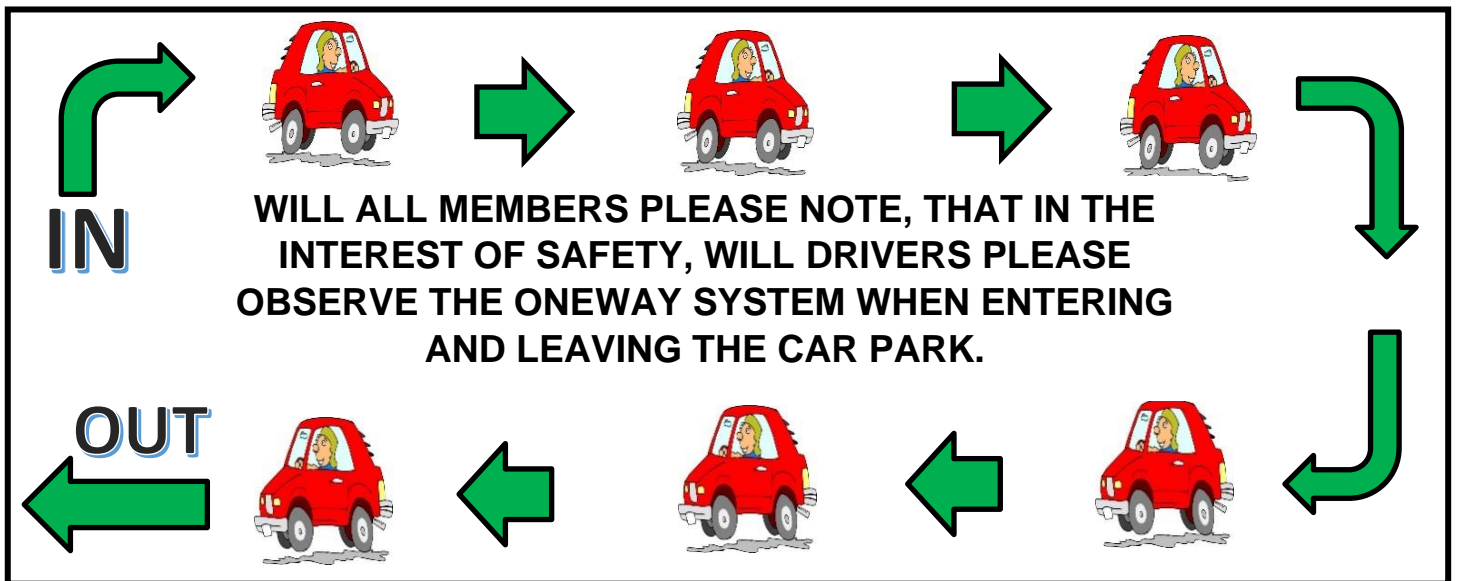
September 2023

Issue: 84

The Palmerston Indoor Bowls Club Magazine

Car Park

Please observe the car park entry and exit flow



A very warm welcome to all our new members, we hope that you enjoy your time bowling with us and please remember to keep an eye out for the friendly matches putting your names down if you wish to play

Palmerston Business Park (Off Newgate Lane) Fareham
Tel No: 01329 232005 | Website: palmerston-bowls.club

A NOTE FROM YOUR PRESIDENT

The summer indoor season makes for a quiet start to my year as president. I am supported by my vice president, Debbie Watts. We plan to give as much support as possible to the various events that the club will be holding throughout the indoor winter season.

We always appreciate the support the President's team receives from the past presidents. As well as the winter club leagues beginning, there are also many competitions that our club

are involved in. I would encourage members to show their support to the many men and women that are representing our club. The dates of matches will be found on the notice boards in the women's changing room, the men's changing room and the notice board in reception to the left just after you pass the changing rooms.

As you read this Palmerston Reader, the club would have just held our first OPEN DAY in many years. We are hopeful that we will have attracted many new members. As they complete their training courses you may well find they start their bowling experience by joining the mixed drives / roll-ups. Please take the time to make them feel welcome and part of the club.

Throughout the winter season many friendly matches are held on a Sunday afternoon at Palmerston against many other Hampshire clubs. This event is for all standards, so why not

come along and enjoy the fun. We play 18 ends and then follow on to a two-course meal in the restaurant with our guests. You are also welcome to book a place for visitors to join us for the meal. You can add your name to come to these events on the notice board to the right of the bar, starting in October. We hold a raffle at these events to support my President's charity (Fareham and Gosport basic food bank). I would welcome any raffle prizes for these events which will enable us to raise more to support this worthwhile local charity. Remember to bring some cash to buy raffle tickets.

As a club we are very fortunate to have some excellent facilities. As president I would encourage members to support our bar and restaurant. As well as offering excellent main meals, the restaurant also provides a good range of snacks. Why not order before or after your game. It is also a great place to bring family and friends for a meal. Once they have seen the club's excellent facilities, you never know they might end up joining us on the green.

May I wish you all a great winter season and to quote our club motto, "competere cum dignitate".

Debbie Mondey, President.

NOTES AND REMINDERS

Car Park, please ensure that you enter and exit the car park in the correct manner, no cutting corners.

Have you, changed your phone number, address, or email if so, please can you inform Lesley Howell to enable her to keep her records up to date.

Car Stickers, Have, you changed your car, do you need a car sticker just ask at the Stewards desk.

Ditches, please do not step into the ditches as this breaks off the rubber spikes. One hand on the bank and remove the bowl from the ditch with the other hand.

Chewing Gum, please refrain from chewing gum whilst bowling as gum has been found on the green and is difficult to remove and it damages the carpet.

Walking Across the Field. A small reminder that if you walk across the field, please ensure that the bottom of your shoe is completely clean prior to entering the club as we have had a couple of instances of grass and mud being trod into the carpet.

Mobile Phones: please switch off your phone when you come into the club or at least put it on to silent mode.

Bowling Shoes, please do not walk outside in your bowling shoes as this can cause damage to the green carpet if you pick up grit from outside, there are plastic shoe coverings available from the Stewards desk

YOUR CLUB NEEDS YOU

Can you spare a few hours a week to Steward at the club

The Stewarding hours are

Week days 9 till 12, 12 till 3pm, 3pm till 6pm and 6pm till 9.30pm

And Saturdays 9 till 2

You will be given vouchers for doing this which means that you can use these for a game of bowls

Without Stewards the club cannot run, and leagues would have to be cancelled

Please think about helping your club out.

Please contact Marie Leonard 07824315936

Green Etiquette.

1. Be conversant with the Laws of the Game and Observe them.
2. Respect the decision of the umpire.
3. Be punctual to commence play at all matches and come to each match correctly attired.
4. Keep quiet and refrain from moving when players are on the mat.
5. Stand behind the mat whilst your opponent bowls.
6. **Always stand still at the head when a player is about to bowl.**
Movement at the head, or talking at the mat, is very distracting.
7. Always allow your opponent the right to the head as spelled out in the laws of the game.
8. **Walk close to the centre of the rink, with minimum delay when changing ends.**
9. Do not delay play. Always play your bowl with minimum delay.
10. Never deliver your bowl before the previous bowl has come to rest.
11. Keep track of play and be ready to bowl when it is your turn.
12. Every player at the mat end should assist collecting the bowls when the end is completed.
13. **Always pay your skip respect by waiting for their decision. Do not step onto the mat and indicate which way you intend to play. Wait for the Skips instructions.**
14. Never applaud lucky bowls, - accept them graciously.
15. Never complain about lucky bowls, they tend to equal each other out over the season.
16. **Respect the greens surface at all times:-**

Do Not a/ **DROP BOWLS ON THE GREEN**
 b/ **STAND ON THE EDGE OF THE GREEN**
 c/ **STAND ON THE EDGE OF THE BANK**
 d/ **WALK IN THE DITCHES**

17. Always inform your opponent if you wish to leave the green.
18. If you lose, be a good loser, and do not blame your loss on, other people, the green or weather conditions.
19. **Win or lose, always shake hands with your opponents and thank them for the game. Do not be taken with your win today, because the position could be reversed tomorrow.**
20. Offer your opponents a drink after the game.
21. Always be polite to Markers and Umpires, they have given their time to assist you in your game.

ABOVE ALL, ENJOY THE GAME OF BOWLS FOR, IT'S PLEASURE AND FOR LASTING FRIENDSHIP.

ON THE LIGHTER SIDE

You are

The most valuable

Investment

You will ever make.

BOWLERS PLEASE

DO NOT GO ON THE RINK

**TILL ALL THE OTHER BOWLERS HAVE
FINISHED THEIR GAME AND COME OFF THE RINK**

RINK BOWLERS

WHEN YOU HAVE FINISHED YOUR GAME

PLEASE COME OFF THE RINK PROMPTLY

TO ALLOW BOWLERS WAITING TO BOWL ON TO THE RINK

**WHEN CHALKING A TOUCHER TRY TO AVOID
SPRAYING THE CHALK ON TO THE CARPET AS IT IS
DIFFICULT TO REMOVE**

SHOULD YOU NEED TO USE A GRIPPING AGENT

**I.E. ROSEWATER AND GLYCERING, GRIPPO ETC WHICH
CAN DAMAGE THE CARPET, IT WOULD BE APPRECIATED IF
YOU COULD APPLY IT IN THE CHANGING ROOM**

NO FOOD TO BE TAKEN INTO THE RINK AREA

**PLEASE RETURN ALL CUPS AND GLASSES TO THE
APPROPRIATE PLACES, LEAVING THE TABLES CLEAR FOR
THE NEXT TEAM**

A NOTE FROM BRIAN HOPKINS

As some of you know I am a self-taught amateur pastel artist and held an exhibition last October at Palmerston. Many of you attended and made it a great success, thank you. Palmerston have kindly agreed to let me hold another this year at which I will have some new work and gladly undertake any commissions that you may want.

The dates this year are: -

SUNDAY 22 ND OCTOBER 23 from 9.30 till 12.00

MONDAY 23 RD OCTOBER 23 from 9.30 till 16.30

TUESDAY 24 TH OCTOBER 23 from 9.30 till 16.30

WEDNESDAY 25 TH OCTOBER 23 from 9.30 till 16.30

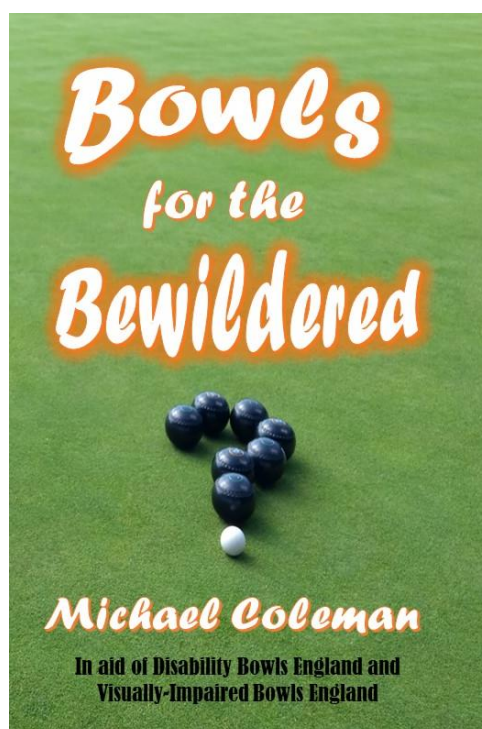
THURSDAY 26 TH OCTOBER 23 from 9.30 till 16.30

FRIDAY 27 TH OCTOBER 23 from 9.30 till 16.30

SUNDAY 29 TH OCTOBER 23 from 9.30 till 12.00

If we can get enough interest, I intend to hold a Basic Pastel

Introductory Workshop on Wednesday 25th from 14.00 till 16.00. Materials will be supplied. Please email on brian.hopkins03@ntlworld.com if you are interested and would like to attend.



Author and Palmerston bowler Mike Coleman, whose book *Bowls for the Bewildered* was featured in a previous edition of *Palm Reader*, reports that sales have reached a healthy 250 – the most recent to a bowler/reader in the US of A. (What they’ll make of a chapter entitled “Does My Bum Look Big In These?” is anybody’s guess). So far proceeds of £275 have been sent to the two charities the book is supporting: *Disability Bowls England* and *Visually Impaired Bowls England*.

Copies continue to be bought regularly via Amazon in both print and e-book formats – so members who missed the book’s original mention shouldn’t feel as though they’ve missed the boat. Order now! Alternatively, collar the author (Tuesday and Friday 9.30 men’s triples sessions), cross his palm with the £7.99 cover price, and he’ll happily procure you a copy post-free.

Terminally tight-fisted? Never fear, there’s now even a free method for you to both read the book and contribute to the supported charities. Copies are available for borrowing at both Fareham and Portchester libraries, with every loan generating a princely 7.82p in Public Lending Right income. Returning and re-borrowing on a weekly basis will raise just over £4 per year! The wheeze might even persuade both chief librarians to order more copies due to the book’s clearly enormous popularity.

A Message from Debbie DJC Catering

As we are all aware the price of food has increased substantially recently. This has a significant impact on our produce prices in the restaurant.

Unfortunately, we are unable to hold our current pricing structure as it is having a detrimental effect on the business.

After much deliberation a new pricing structure will come into force from October.

We are able to hold a few dishes at a slightly lower price but those ingredients with a higher price margin will increase to cover the cost.

A two-tier pricing structure will come into force from October.

The introduction of a few new and exciting dishes will also be available.

For those early birds the introduction of a cooked English Breakfast will become available up to 11.30 am, our filled rolls will continue to be served.

Christmas lunches will start earlier this year (last Sunday in November) bookings are now being taken in the restaurant please see a team member. Book early to avoid disappointment don't leave it too long. The menus are also in the Palm Reader.

Our social evenings of entertainers and dinner are providing to be very popular we will continue to run these, several new acts have been introduced, more are lined up for future events.

That just leaves me to say we thank you for your continued support and look forward to welcoming you to the restaurant.

Don't forget you can always book tables in advance or by telephoning 01329 232214 you can always leave a message!

Happy Christmas from all of us Debbie and the team.

ON THE LIGHTER SIDE

You are,
Braver than you believe,
Stronger than you seem,
Smarter than you think &
Loved more than you'll ever know.

A. A. Milne

Palmerston Indoor Bowls Club Christmas Weekday Menu

Starters

Spiced Parsnip Soup

Pate with Melba Toast and Onion Chutney

Whitebait with Lemon Mayo Dip

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## *Mains*

*Traditional Roast Turkey and all the Trimmings*

*Braised Steak with Chestnut and Mushroom Gravy*

*Smoked Haddock Florentine*

*Roasted Root Vegetable En Crouete* (Roasted carrot,  
*parsnip, swede, turnip, sage and onion*) (v)

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Desserts

Traditional Christmas Pudding

With Cream or Custard

Biscoff and Honeycomb Cheesecake

With Cream or Ice Cream

Winter Spiced Apple Crumble

With Cream or Custard

Warm Chocolate Orange Brownie

With Cream or Ice Cream

£16.50 per person or £18.00 per person with tea or coffee

Prices include VAT

We accept credit and debit cards

Palmerston Indoor Bowls Club

Christmas Weekend Menu

Starters

Spiced Parsnip Soup (v)

Meat Pâté, Onion Chutney and Toast

Baked Mushroom with Bacon and Stilton

Prawn Cocktail

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### Mains

*Traditional Roast Turkey and all the Trimmings*

*Beef Bourguignon (Braised Steak with Bacon, mushroom and onion sauce)*

*Poached Salmon with Creamy Leek and White Wine Sauce*

*Rosemary and Cranberry Baked Chicken Breast*

*Roasted Root Vegetable En Crouete (Roasted carrot, parsnip, swede, turnip, sage and onion) (v)*

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Desserts

Traditional Christmas Pudding

With Cream or Custard

Panettone Bread and Butter Pudding

With Cream or Custard

Biscoff and Honeycomb Cheesecake

With Cream or Ice Cream

Chocolate Orange Truffle Torte

With Cream or Ice Cream

Cheese and Biscuits

~~~Tea, Filter Coffee and Mints~~~

*£22.50 per person ~~ Prices include VAT*

*We accept credit and debit cards*

## POEM

It was late at night, still and dark,  
Occasionally a dog could be heard to bark,  
But the streets were deserted in Agadir,  
As slowly a pearl of death drew near,  
Until with a tumult deafening roar,  
The earthquake struck at every door,  
Where once stood a peaceful home,  
was nothing but a silent tomb,  
It had been a quiet and peaceful night,  
But now there were screams of mercy and plight,  
Dogs were howling and children were crying,  
And amid the ruins people were dying,  
The earthquake had struck with terrible might,  
Houses and streets had disappeared from sight,  
And all that was left of Agadir,  
Was death and sorrow and many a tear,  
Children walked around with choking cries,  
As tears of sorrow streamed from their eyes,  
Many were dazed as they were gently led,  
From among the ruins where their parents lay dead,  
Many people kept searching hopefully,  
For survivors among the debris,  
But there were flies and rats and plague to fear,  
Among the deep ruins of Agadir.

Author Bruce Kirkham