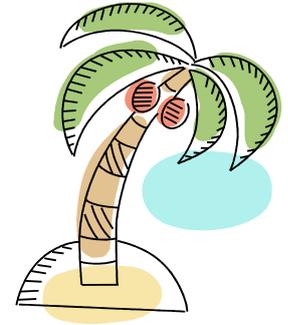


# PALM READER

The Palmerston Indoor Bowls Club Magazine



March 18  
Issue 72

## **AGM 7th April 10:00am**

Please make every effort to attend your AGM. Details of all officers to be elected and other matters are displayed on the notice board in the entrance lobby. There are a number of dedicated volunteers ranging from our treasurer, various secretaries, rinks management staff and stewards who work throughout the year to ensure the smooth running of our club and to whom we are extremely grateful. We rely on volunteers to keep the running costs of the club to a reasonable level so please think seriously about offering your help as a steward or possibly by joining the rink cleaning team.

## **BOWLS LIFTERS**

Bowls lifters are used at this club by members who have back problems and cannot bend too well.

They are purely for that purpose, and for moving the jack without bending down.

Will you please not use them to lift up the mat in order to put it on the bank.

The spikes go down towards the carpet in order to get under the mat, and thereby have a tendency to catch the threads of the carpet and tear them.

This leads to torn threads, and eventually a hole.

**Roy Mudd. Chairman – Board of Directors**

Palmerston Business Park (Off Newgate Lane) Fareham.  
Tel No 01329 232005 website: [palmerston-bowls.org.uk](http://palmerston-bowls.org.uk)

## **Two Wood Triples Tournament**

**An open 2 Wood triples Tournament was held on the 20th January.**

**A good day's bowling was had by all, with 18 Teams competing for the 20th Anniversary Glasses, the Ann Broadhurst Trophy and cash prizes.**

**The final was an excellent match between last year's winners, Tony & Tracy Farrington and Bill Ross; and Debbie Chamberlain, Russell Gadd and Bill Jackson. After a very close contest, Debbie, Russell and Bill emerged triumphant.**

**A raffle was held and £160 was raised for the Presidents charity, the Hampshire Air Ambulance.**

**I am aiming to attract 24 Teams for this event next year, so watch out for the entry forms in December.**



**Marilyn Williamson**

## **Restaurant**

On behalf of the restaurant we would like to thank Russell Gadd for his continuous web site update on the club situation regarding club closure due to adverse weather conditions

My entire team were tuned in the updates and were well ahead of my slow phone update. very many thanks Russell very much appreciated!

Debbie

## Where is our Christmas Tree?

It's got to be better than last year!

Why did they leave off the top?

They're leaving it late to raise it

But I am sure that "up it will pop"!

It's now only three weeks to go

And yes, they are being s slow

But I don't think they will disappoint me

And I am sure that we'll get a great show.

Just two weeks to go I'm excited

Folks coming and going for lunch

But where is the tree to pretty?

I'm sure it will 'pack a punch'!

Only one week left to erect it

And I still haven't given up hope

But my faith is gradually fading

Oh, dear I really can't cope.

The club's shutting down for Christmas

And it looks like we're short of a tree

The Fairy's been left in the box now

And it's tragic not to be seen

So next year please ask for assistance

Please ask if any can help

I'd Happily do all the trimmings

So, the fairy's not left on the shelf.

Anon

## SUMMER BOWLING

Summer bowling begins on **Monday 26<sup>th</sup>.March**, and the teams are displayed on the office window.

There is a league every morning, and names or teams may be added to the lists if there is a space.

There is an organised roll-up on a Monday at 11.30 and a Friday at the same time.

At 7.00p.m. on a Friday there is an organised 12 end bowling session where various bowling formats are used with a view to getting used to all the needs of bowling.

Rinks may be booked at 11.30 where available and on a Sunday for the usual 9.30 and 11.30 sessions, and Sunday Lunch continues on a booking system.

The Club is closed on a Saturday except for functions.

The league format and recording of results will be as for the winter, and desk sheets and team playing sheets for team leaders will be the same as the winter.

The team sheets will be dealt with at the beginning of March so get your team in before that.

£1.00 per player per league will be collected during the first two weeks of the summer league season.

Have a good summer.

**Roy Mudd. Summer league organiser**

### **On the Lighter Side**

Two blondes and a brunette are standing in front of a river when a fairy comes and says, "I will grant each of you a wish." The first blonde says, "I wish for water wings so I could get across the river." The fairy grants her wish and the blond swims across.

The second blonde says, I wish for a swimming ring so I could get across the river. "The fairy grants her wish and the second blond swims across.

The brunette then says. "I wish for a million pounds. "and walks across the bridge.

"I got a nice compliment on my driving today", blonde brags to her friend. "There was a note left on my windscreen and t said parking fine.

## CREDIT CARDS AND DEBIT CARDS NOW ACCEPTED AT THE BAR



**There will be no charge for credit or debit cards and there is no minimum amount. The machine will do contactless as well as chip and pin. We will not take American Express but will take most others. Cards cannot be used for membership payments or rink fees, just payments at the bar.**

**The restaurant is a separate business and already takes cards.**

### Social News

Valentine Dinner Dance held on 17th February. We have had so many compliments and good reports of the event. A thank you to Debbie for starting the evening with an excellent three course dinner. The entertainer Bella, gave us great entertainment and everyone was very impressed with her performance. So many of you enjoyed dancing to her singing and asked her for a contact card. Thank you to those who attended for your support and attendance.

On Saturday 24th March a Cockney Night is being held. The entertainer is Tom Carradine. It will be an evening of fun and great entertainment. An evening of a good old sing song, dancing and laughter. The Club President will be attending as Pearly Queen and David will accompany her as Pearly King. A raffle will be held and all the proceeds from the raffle will be donated to the Presidents charity. Donations of prizes welcome.

I have been asked if a Quiz Night with Bob Currie could be arranged. For those interested it would be in September. Watch the notice board for details.

Sylvia Wrightson

## **NOTES AND REMINDERS**

**Please be aware that you are not supposed to go from the lounge area to the rink area to bowl until the previous players have completely left the rink area.**

**Car Park,** please ensure that you enter and exit the car park in the correct manner.

**Have you,** changed your phone number or address? If so, please can you inform Lesley Howell to enable her to keep her records up to date.

**Bonus Ball,** you have to be in it to win it, the bag with the numbers is on the table as you come into the club, please remember to put a pound in the tin for every number you take.

**Ditches,** please do not step into the ditches as this breaks off the rubber spikes. One hand on the bank and remove the bowl from the ditch with the other hand.

**Chewing Gum,** please refrain from chewing gum whilst bowling as gum has been found on the green and is difficult to remove and it damages the carpet.

**Canine Partners,** Are most grateful to all who sent in their used stamps one person even sent in their complete stamp album a huge thank you to you all. They are still collecting used stamps and used computer cartridges, these can be left in the ladies changing room and Molly Williams will collect them.

## **Summer Bowling**

**The club will only be open for bowling in the mornings Monday to Friday and Sunday. The club will be closed all day Saturday.**

### **NOW THAT I'M OLDER HERE'S WHAT I'VE DISCOVERED**

- 1: I started out with nothing, and I still have most of it.
- 2: My wild oats are mostly enjoyed with prunes and all-bran.
- 3: If all is not lost, then where the heck is it?
- 4: It was a whole lot easier to get older than it was to get wiser.
- 5: It is hard to make a comeback when you haven't been anywhere.
- 6: The world only beats a path to your door when you are in the toilet.
- 7: If God wanted me to touch my toes, he'd have put them on my knees.
- 8: Kids in the back seat causes accidents.
- 9: Accidents in the back seat causes kids.

## Oh no, not rink 3 again!

**In my case** it was rink 5. I felt like I had played on this all season and whenever I turned up to look at the schedule on the steward's desk I almost expected rink 5. Was I being victimised by the system? Well, as I wrote the software perhaps I better check what was going wrong. I have fielded such enquiries from bowlers in the past. Only recently someone came up to the desk to complain that "something should be done about it".

The first thing to realise is that the allocation of rinks in league games is entirely random. It is simply not possible to arrange every bowler nor every team to be moved around all the rinks evenly. I could theoretically do it for one team. And maybe for a second team. But for 3 or more teams?

So, the question is why do some people seem to be stuck on one rink much more than any other? To answer this, I first of all analysed the distribution of my own games over this season as I have all the data available. Here is the result:

| Rink |
|------|------|------|------|------|------|------|------|
| 1    | 2    | 3    | 4    | 5    | 6    | 7    | 8    |
| 1    | 4    | 4    | 9    | 13   | 10   | 4    | 9    |

You can see why I thought my experience of rink 5 was exceptional because I have 13 games on this rink in the 2017-8 winter season. Although I must admit that I wasn't so aware of 10 games on rink 6. Perhaps some come in March. Or is it that rink 5 stands out because it is more difficult to play? I can't remember being on rink 1 this season.

To get an idea if this was unusual, I tried a computer simulation. I took 500 bowlers (similar to how many we have playing leagues) and allocated a rink from 1 to 8 randomly over 54 games in their season. That's to make a fair comparison because my total above is 54 games – I am in 4 leagues and play on average a bit over twice a week in our 26-week winter season.

I ran this many times. i.e. simulating many seasons. I have picked out one such typical simulated season and here are some of the results. I have ranked them according to how extreme they are, bowler number 1 being the most extreme.

	Rink							
Bowler	1	2	3	4	5	6	7	8
1	9	6	2	5	3	18	6	5
2	6	10	5	13	1	4	13	2
3	15	3	10	6	5	4	9	2
4	14	7	12	7	4	4	2	4
5	8	8	6	16	5	4	4	3
6	7	9	5	5	5	16	3	4
7	13	7	7	7	2	8	0	10
8	10	2	6	6	6	4	5	15
9	12	3	1	9	3	7	8	11

10	15	4	2	5	6	8	5	9
100	13	4	6	9	7	7	3	5
200	4	11	8	5	7	5	10	4
300	9	8	8	5	6	9	7	2
400	3	9	8	8	6	5	8	7
500	6	7	7	6	7	6	7	8

What this shows is that if you were the unluckiest bowler in this hypothetical season you would play on rink 6 a whopping 18 times! After that the worst is 16 times on one rink although the rest of these 2 bowlers' games (bowlers 5 and 6) are much more reasonable. Even bowlers that were more favourably treated than 99 other bowlers could be on one rink 13 times. Bear in mind that the average is nearly 7 times per rink (54 games averages at 6.75 games on 8 rinks).

In my ranking method, I came around 8<sup>th</sup> (look at number 7 against my figures above).

I'm sorry there are so many numbers in this article, but I think they explain why you can be forgiven for thinking that the computer has something against you. But no, it's just the way random chance works out and why many people still do the lottery.

**Russell Gadd**

## **LEAGUE TEAMS REGISTRATIONS**

The League Team Registration Process for next Season's Winter League has been completed.

The entries need to be made during February in order that the queries can be sorted out during March before everybody disappears outside.

The schedules will not be run until end of July, so please notify the League Secretary of any changes, either withdrawals or new teams before the schedules are run. Last year there were several late withdrawals which created confusion when some league schedules were re-run.

It is planned to have the schedules available for collection from 12 August.

Next year please ensure that you either register your team during February or advise me that you are withdrawing your team. This will save me wasting time phoning around to find out if the registration is late or the team is being withdrawn.

There are only two new teams registered this year. Eight Leagues are full, however there are spaces at Monday 4pm & 8:15, Tuesday 4pm & 6:15, Wednesday 6:15 & 8:15 Thursday 4pm, 6:15 & 8:15, Friday 4pm & 6:15.

NB Lesley Howell is League Secretary for ladies and beginners / intermediate leagues where spaces are also available.

Men's & Mixed League Secretary  
Bill Jackson 07806 813866.

## **ANOTHER YEAR'S PALMERSTON CUP**

We started out in mid October, with fourteen teams competing in two leagues. The top four teams of each league would then progress to the knockout quarter finals. There has been some very good bowling, competitive, but always played with good humour and sportsmanship. Sometimes more humour than bowling!

We pushed on with a total of 36 games played over 18 Sundays to come down to two teams being separated by a mere three shots to decide the winner.

This year it was "Eastleigh Rail" who just piped last year's winner's "Fareham Tigers" for the glory, with Banister Park finishing ahead of Lee on the Solent for third and fourth place respectively.

My, there were some excellent games played that evening and finished off with a grand buffet produced by Debbie.

I would like to thank Russell Gadd and John Lewin who help so much with the IT, getting the results and league tables set up, also Lesley who updated the paper working sheets for each game.

I now look forward to next year, after a few Sunday's off. See you there.

*Brian Knight*

Competition Secretary.

### **On the Lighter side**

A Husband and Wife were golfing when suddenly the wife asked, "Pet if I die would you get married again?".

The husband said, "No, wouldn't think of it." The woman said, "I'm sure you would dear." So, the man said, "Ok, I might."

Then the woman asked, "Would you let her sleep in our bed?" And the man replied, Yes, I suppose so."

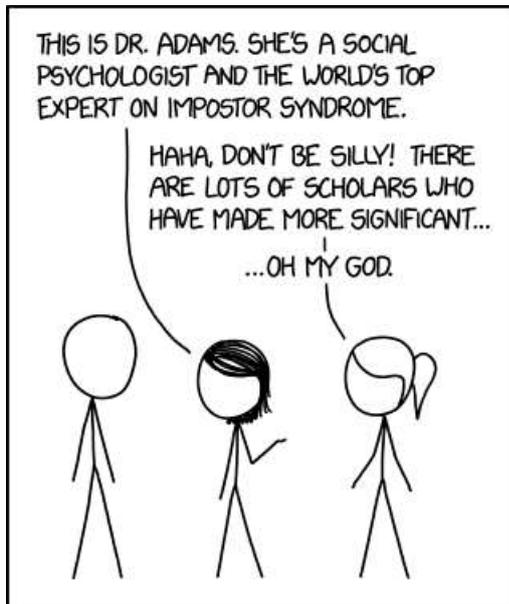
Then the wife asked, "Would you let her use my golf clubs?"

And the husband replied, "No, she's left handed."

# Hacking and other bytes

It seems almost every day a new story comes up about companies getting hacked or new vulnerabilities found in software. The internet is becoming ever more dangerous while government, companies and banks, etc, keep encouraging people to use it more. Please be aware of the basic precautions you should take. Take time to check out articles giving advice from the official bodies. But please avoid non-official websites who might be masquerading as giving advice but in reality, might be trying to get you to run their super clean-up program. Many of these do the opposite.

One principle regarding downloading things is never download anything you didn't go looking for. For example, you might get to a web page which says "You need the latest version of Adobe Flash - you can download it here". If you think you do need the latest version, find the Adobe site and download it directly from them. Because website hacking is now so prevalent and sophisticated, even a trustworthy company's website can get hacked and then the criminals place their infected version on the legitimate website.



Regarding anti-virus, if you have Windows 10 the latest advice is to use the already built-in Windows Defender. **Don't** use a commercial anti-virus program - examples are Norton, McAfee, Trend, AVG, Avast, Eset, Bit Defender (not the same as Windows own Defender). You may be paying £100+ per year for your security to be reduced rather than increased. The reason why these are now discouraged is that Windows security has been beefed up a lot, so these companies' products have to work hard to open up pathways to the inner workings to be able to do their job. This opening can give a way in for malware to follow on behind.

However, if you are running Windows 7 you will need a separate anti-virus. You could use Microsoft's own free "Security Essentials" (we use this in the Club) or one of the commercial or free products. If you choose a free one, check out believable recommendations before choosing.

There are some good email tips in the December 2016 issue of Palm Reader which are still relevant. You can read it on our website. Don't know where the site is? Use your search box.

One useful thing is an ad-blocker. Sometimes when you visit a web page you get bombarded with adverts. They are annoying at best. At worst they soak up your internet bandwidth and sometimes deposit malware on your PC. You can get an add-on for your browser (Internet Explorer, Edge, Chrome, Firefox, Safari, Opera) which blocks many ads. The one I recommend is called "Ublock Origin". As a by-product it will speed up your surfing.

Actually, I use a "Raspberry Pi" to block adverts and malicious sites - but that's another story. Incidentally did you know that a Raspberry Pi runs our electronic TV newsboard system?

One final point of interest. Have you heard of the cryptocurrency called bitcoin? Who hasn't? Its value has skyrocketed. I had some a few years ago and gave them away! The latest scam is a script contained in adverts on a website you are visiting. This script runs a program in the background to "mine" cryptocurrency (probably not bitcoin but another). So, it's using spare power in your machine to try to generate electronic "coins". Hopefully it's doing nothing worse.

*Russell Gadd*

## **Dr.Jiang Yanyong**

**Love this Doctor!**

**I WANT TO BE HIS PATIENT!!!!**

**Q: Doctor, I've heard that cardiovascular exercise can prolong life, is this true?**

A: Heart only good for so many beats, and that it... Don't waste on exercise. Everything wear out eventually. Speeding up heart not make you live longer, it like saying you extend life of a car by driving faster. Want to live longer? Take nap.

**Q: Should I reduce my alcohol intake?**

A: Oh no. Wine made from fruit. Brandy distilled wine, that means they take water out of fruity bit so you get more of the goodness that way. Beer also made of grain. Bottom up!

**Q: How can I calculate my body/fat ratio?**

A: Well, if you have body and you have fat, your ratio one to one. If you have two body, your ratio two to one.

**Q: What are some of the advantages of participating in a regular exercise programme?**

A: Can't think of a single one, sorry. My philosophy: No pain...good!

**Q: Aren't fried foods bad for you?**

A: YOU NOT LISTENING! Food fried in vegetable oil. How getting more vegetables bad.

**Q: Will sit-ups help prevent me from getting a little soft around the middle?**

A: Oh no! When you exercise muscle, it get bigger. You should only be doing sit-ups if you want bigger stomach.

**Q: Is chocolate bad for me?**

A: You crazy?!? HEL-LO-O!! Cocoa bean!! Another vegetable! It best feel-good around!

**Q: swimming good for your figure?**

A: If swimming good for figure, explain whale to me.

**Q: Is getting in shape important for my life style?**

A: Hey! 'Round' is shape!

**Well... I hope this has cleared up any misconceptions you may have about food and diets.**

**And remember:**

**Life should not be a journey to the grave with the intention of arriving safely in an attractive and well-preserved body, but rather to skid in sideways – Chardonnay in one hand – chocolate in the other hand – body used up, totally worn out and screaming “WOO-HOO, what a ride!**

## On the Lighter Side

“It



works for tennis players Agnes”.

A slightly tipsy blind guy shouts to the bartender, “Hey, bartender, do you want to hear a blonde joke?”

A man sitting next to him whispers to him, “Before you say your joke, there’s something you should know. Our bartender is blonde, as is the bouncer. I’m 6’3”, 200lb black belt. The guy sitting next to me is 6’2”, 225lb, a rugby player. The chap to your right is 6’5” pushing 300 and he’s a wrestler. Every one of us is blonde. Think about it. Do you really want to tell your joke?”

The blind guy says, “Nah, not if I am going to have to explain it five times.”